



STANLEY – THE WORLD’S MOST SOUTHERLY CAPITAL

Stanley, the capital of the Falkland Islands and most remote capital city in the world, is home to around 2,000 people. It boasts a distinct British feel, where the friendly locals welcome visitors with true island hospitality. Offering a wealth of history and culture to discover, Stanley is also ideally placed as a base to explore further afield – from the abundant wildlife and stunning scenery to the fascinating battlefield tours on offer.

What to See

Located on East Falkland, Stanley has much to offer visitors all within a stone’s throw. Stroll around the streets to take in the colourful houses, the picturesque cathedral with its whalebone arch and the Liberation Monument commemorating those who lost their lives in the 1982 conflict. Despite being over 7,000 miles away, Stanley seems ‘more British than Britain’ with its red telephone box and Routemaster bus. Don’t leave without buying your Falklands souvenirs from the diverse range of shops in Stanley – locally made woollen and felt goods, jars of home-made diddle-dee jam and local artwork are always popular.

Rediscovering History

To get a feel for island life in the past, visit the intriguing Falkland Islands Museum packed with artefacts and fascinating memorabilia showing how Falklands life has changed over time. The traditional Falklands house at Nutt Cartmell Cottage should not be missed as it gives an excellent insight into every aspect of Falklands history. Shipwrecks in Stanley Harbour illustrate the long maritime history of the Islands and can be seen during the self-guided Maritime History Trail or a boat trip round Stanley harbour.

Wildlife Watching

The Falkland Islands are famed for their wildlife and all around Stanley visitors can experience this at first hand. Upland geese are regularly seen strutting along the grassy areas while turkey vultures perch in the trees and southern giant petrels sit along the harbour wall. Along the water’s edge you can see the charismatic Falkland flightless steamer duck, black-crowned night herons, kelp geese and rock cormorants. You might also catch sight of dolphins playing in the harbour.

Stanley is also the ideal location from which to discover more wildlife. Take a trip to picturesque Gypsy Cove, just a few minutes drive outside Stanley and home to a colony of Magellanic penguins. A firm favourite with visitors and locals alike is the king penguin colony at Volunteer Point or the wildlife and wilderness hotspots at Cape Bougainville and Cape Dolphin.

Walking

Stanley and its surrounds are best explored on foot. Discover the sand dunes en route to Cape Pembroke Lighthouse, or stroll along the white sand beach of Surf Bay, watching the South Atlantic rollers which often carry seals, dolphins and penguins. There are self-guided tours of Stanley detailed in the [Visitor Guide](#), but hiring a guide can be a useful way to explore and gain a local insight.

Guided Tours

Local guides can offer fascinating and informative trips from Stanley into Camp (the Falklands term for the countryside, from the Spanish ‘campo’). These can either be half-day or full-day

excursions, with some tours only available to cruise ship passengers. Sharing the white sandy beach with 2,000 gentoo penguins and an abundance of other wildlife at Bluff Cove Lagoon is a highlight, especially accompanied by the Sea Cabbage Café's homemade cakes and biscuits.

A battlefield tour of Goose Green or up Tumbledown is a moving experience. Led by local people with expert knowledge, you will be guided through strategies of battle and you will glimpse the bravery of servicemen who fought in the conflict of 1982. Many of the local guides can also give their individual account of the conflict by sharing with you their own personal memories of life under occupation.

Long Island farm is a popular destination for tour groups to experience a traditional Falklands farm. Guests will be treated to several demonstrations of traditional Falklands' farm work, including peat cutting, sheep shearing, sheep herding using sheep dogs, and saddling horses for work using traditional Falklands gear.

Where to stay

There is a wide range of accommodation in Stanley, all centrally located. The Malvina House Hotel (www.malvinahousehotel.com) and Waterfront Hotel (www.waterfronthotel.co.fk) have both been recently renovated, while family guesthouses run by Falkland Islanders offer guests a chance to sample true local hospitality.

For further information on the Falklands Islands, please visit www.falklandislands.com.

Notes for Editors:

- The Falkland Islands have a raw, unspoilt quality that entices locals and tourists back time and again. Visitors to the Islands are spoilt for choice with more than 227 species of identified birds (including several of the world's largest endangered breeding colonies), as well as whales, dolphins, elephant seals, sea lions, delicate flora and rugged geographical formations.
- The best time to visit the Islands and experience the local culture and wildlife is October to April. The average summer temperature (December to March) is 15° Celsius (59° Fahrenheit) and the Falklands has more sunshine hours and less rainfall than the UK.
- There are over 40 international tour operators offering tailor-made packages and escorted tours to the Falkland Islands. See www.falklandislands.com for the latest list.
- Visitors can reach the Falklands on the weekly LAN Airways flight via Chile or the charter flight operated twice weekly from RAF Brize Norton in the UK by the Ministry of Defence.